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Multisequence algorithm for coarse-grained biomolecular simulations: Exploring the sequence-structure relationship of proteins

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We consider a generalized-ensemble algorithm for coarse-grained simulations of biomolecules which allows the thermodynamic behavior of two or more sequences to be determined in a single multisequence run. By carrying out a random walk in sequence space, the method also enhances conformational sampling. Escape from local energy minima is accelerated by visiting sequences for which the minima are more shallow or absent. We test the method on an intermediate-resolution coarse-grained model for protein folding with 3 amino acid types and explore the potential for a large-scale coverage of sequence space by applying the method to sets of more than 1000 sequences. The resulting thermodynamic data are used to analyze the structures and stability properties of sequences covering the space between folds with different secondary structures. *Published by AIP Publishing*. [http://dx.doi.org/10.1063/1.4986933]

I. INTRODUCTION

Recent years have seen important advances in biomolecular simulation methods, including improvements to standard molecular dynamics force fields,¹ the advent of several alternative atomistic simulation approaches,^{2–5} and new techniques for conformational sampling.⁶ Together with the ever-increasing availability of computational resources, these advances have triggered a few major efforts^{7–11} to characterize the dynamics of biomolecular systems of various sizes, e.g., a small native protein on the millisecond scale¹⁰ and a comprehensive model cytoplasm on the nanosecond scale.¹¹ While encouraging and insightful, these large-scale simulations have also highlighted that severe trade-offs in size and time scales will likely persist for the foreseeable future.

One way to expand the range of biomolecular simulations is to turn to coarse-grained (CG) models, where the basic aim is to simplify the description of physical interactions while retaining the essential physics of the system under study.¹² Ingólfsson *et al.* list 4 main factors that make CG models computationally fast: reduction in the number of degrees of freedom, faster simulation dynamics, emphasis on short-range interactions, and the ability of using larger integration time steps.¹³ To this list can be added that a CG representation of either the interaction potential or the molecular geometry often opens up for alternative sampling schemes beyond traditional molecular dynamics approaches, which can further speed up conformational sampling. Examples of such sampling schemes include activation-relaxation kinetics,¹⁴ discrete molecular dynamics,¹⁵ and various Monte Carlo (MC)-based techniques such as cluster moves.¹⁶

Notwithstanding the challenges of achieving representative conformational sampling of individual biomolecular systems, many biologically motivated problems naturally call for the investigation and comparison of molecular variants, e.g., determining the molecular mechanisms of specificity in protein-protein^{17,18} or protein-nucleotide¹⁹ interactions or the role of mutations in molecular disease processes.²⁰ Another example is protein folding, where unique insight has been achieved by comparing sequences within and between protein families.^{21,22} In a situation with extremely rapid growth of sequence information,²³ it is of interest to explore ways to efficiently sample multiple sequences in biomolecular simulations.

To this end, we consider in this work an MC-based algorithm that can calculate the thermodynamics of multiple sequences in a single run and apply it to a coarse-grained model for protein folding.²⁴ This multisequence (MS) method was originally developed in the context of homo- and heteropolymer simulations²⁵ and was later adapted for the characterization of peptide-protein binding specificity.^{26,27} To our knowledge, it has not been previously tested in realistic protein folding simulations. The MS algorithm carries out a simulation in a generalized ensemble that performs a random walk in sequence space. Hence, there are two main types of updates: conformational updates $r \rightarrow r'$ and sequence updates $s \rightarrow s'$. This strategy is straightforward when r and s are "perpendicular" coordinates, as illustrated in Fig. 1, such that the potential energy of the model can be written in terms of two independent variables, E(s, r).

As a test application of the MS algorithm, we selected the phenomenon of protein fold switching which recently was demonstrated in a handful of natural and engineered proteins. These special proteins exhibit a unique ability to reversibly switch between entirely different folds, with accompanying changes in the secondary structure, hydrophobic core packing, and overall shape.²⁸ The fold switching transitions found in natural proteins typically play a functional role. For



FIG. 1. The two types of Monte Carlo updates in the multisequence Monte Carlo algorithm.

example, rare transitions to an alternative fold in the protein KaiB provide a crucial time delay mechanism in the circadian clock cycle of cyanobacteria.²⁹ Fold switching can occur either spontaneously³⁰ or be triggered by various signals including changes to solution conditions,³¹ subdomain detachment,³² ligand binding,³³ and point mutations.³⁴ Computational studies, using coarse-grained^{35–38} or atomistic^{39–41} models, have attempted to explain how proteins can exhibit multiple folding funnels and how they are altered in response to binding events or changes in sequence.

The discovery that proteins can be driven to switch folds through an accumulation of point mutations, in particular, holds implications for protein evolution as it suggests a simple mechanism of fold evolution.⁴² Alexander et al. demonstrated that the similarly sized but structurally distinct A (3α) and B $(4\beta + \alpha)$ domains of protein G could, after extensive mutations leaving their respective folds undisturbed, be triggered to switch folds by applying one additional mutation, Y45L, located at the edge of the hydrophobic core in the B domain.³⁴ This remarkable discovery suggests the possibility that the two domains might be evolutionary related despite a lack of detectable similarity in either sequence or structure in wildtype protein G,⁴³ although this has yet to be proven. Moreover, it is unclear how common such fold-to-fold transitions are and how they might occur in evolutionary processes.⁴⁴ In previous studies,^{35,36} we showed that mutational paths with abrupt fold switching exist between two other pairs of smaller protein folds within the framework of our CG model.²⁴

In demonstrating mutation-induced fold switching in our model, we characterized the folding of a set of 144 different model sequences with 16 amino acids. This set (denoted here as $S16_{144}$) was constructed to sparsely span the sequence space between two ideally designed sequences, A1 and N1, folding into an α -helix and a β -hairpin, respectively, as shown in Fig. 2. Here we use the set $S16_{144}$ to validate the MS method and compare its computational efficiency to a standard generalized-ensemble method.^{45,46} We thereafter greatly enlarge S16144 to a set with 1024 sequences as well as another set of the same size spanning two 35-amino acid sequences, A2 and TN, that fold into two-helical bundle and mixed α - β structures, respectively (see Fig. 2). Besides demonstrating that the MS method can be applied to large numbers of sequences, the results allow us to carry out a more systematic analysis of the biophysical properties of sequences along mutational pathways connecting these two pairs of basic folds than has been previously possible.

II. THEORY

A. Generalized-ensemble algorithms and simulated tempering (ST)

Conventional Metropolis Monte Carlo simulations of the canonical distribution are problematic at low temperatures for many physical systems because simulations tend to become trapped in local energy minima and hamper representative sampling of configurational space. The basic idea of generalized-ensemble algorithms is to alleviate this trapping problem by sampling states using a non-Boltzmann weight factor and/or expand the state space with additional dynamical parameters⁴⁷ (for a recent historical account, see Ref. 48). Generalized-ensemble methods that have been frequently used for biomolecular simulations include simulated tempering (ST),^{45,46} replica exchange⁴⁹ or parallel tempering,⁵⁰ and metadynamics.⁵¹

ST is a direct extension to the Metropolis algorithm in which the temperature T becomes a dynamic parameter. In this way, frequent visits to high T allow simulations to readily escape from local energy minima. The algorithm thus



FIG. 2. (a) Example of an MS simulation of the sequence set S16₁₄₄ carried out at $k_BT = 0.43$. The plot shows the MC evolution of the sequence *s* (numbered 1–144), the total potential energy *E*, and the root-mean-square deviation (RMSD) calculated against the representative fold IA (light blue) and fold IB (dark red) structures in (b). Representative structures of folds (b) IA, IB, (c) IIA, and IIB, chosen to be the minimum-energy conformations found for the sequences A1, N1, A2, and TN, respectively. simulates the joint probability distribution

$$P(m,r) = \frac{1}{\hat{Z}} e^{-\beta_m E(r) + g_m},$$
 (1)

where $\beta_m = 1/k_B T_m$, $\{T_m\}_{m=1}^M$ is a set of temperatures, and k_B is Boltzmann's constant. The normalization constant in Eq. (1) is

$$\hat{Z} = \sum_{r} \sum_{m=1}^{M} e^{-\beta_m E(r) + g_m},$$
(2)

where the first sum is over all conformations r. The simulation parameters g_m control the marginal probability distribution,

$$P(m) = \frac{1}{\hat{Z}} \sum_{r} e^{-\beta_{m} E(r) + g_{m}},$$
(3)

and must therefore be carefully chosen. A common and convenient choice is $g_m \approx \beta_m F_m$, where F_m is the free energy at temperature T_m . With this choice, P(m) becomes approximately flat ensuring that all temperatures are frequently visited.

B. Multisequence algorithm

The basic idea of the MS algorithm for biomolecular simulation is to let the sequence *s* become a dynamic parameter rather than the temperature as in ST. A dynamic *s* is technically feasible when the potential energy can be written as E(s, r), where *s* and *r* are independent variables. This is the case in our coarse-grained protein model which has only backbone degrees of freedom. It can also be achieved in some more detailed models.^{26,27}

Similarly to ST, the MS algorithm simulates the joint probability distribution

$$P(s,r) = \frac{1}{Z}e^{-\beta E(s,r)+h(s)},\tag{4}$$

where

$$Z = \sum_{s \in \mathcal{S}} \sum_{r} e^{-\beta E(s,r) + h(s)}$$
(5)

and S is a set of pre-selected sequences, i.e., the sequences to which visits are allowed during a simulation. The simulation parameters h(s), similar to the parameters g_m in ST, control the marginal distribution $P(s) = Z^{-1} \sum_r e^{-\beta E(s,r)+h(s)}$ $= Z^{-1}e^{-\beta F(s)+h(s)}$ and a roughly flat P(s) can be achieved by choosing $h(s) \approx \beta F(s)$, where F(s) is the free energy of sequence *s* at temperature *T*.

Two types of MC updates are required to sample from the distribution in Eq. (4): ordinary conformational updates $r \rightarrow r'$ and sequence updates $s \rightarrow s'$. The acceptance probability for the latter becomes

$$P_{\rm acc}(s \to s') = \min[1, \exp\{-\beta \Delta E + \Delta h\}], \tag{6}$$

where $\Delta E = E(s', r) - E(s, r)$ and $\Delta h = h(s') - h(s)$.

Picking a new sequence s' in a sequence update $s \rightarrow s'$ can be done in several ways. One possibility is to draw s' randomly from the set S, such than $s' \neq s$. Alternatively, a type of "mutational" move can be used where an amino acid position is first picked and then assigned a new amino acid type. The selection of position and type would have to be chosen such that s' does not end up outside S. In this work, we use the former update which is general and guarantees that ergodicity is fulfilled for any S. Importantly, both updates fulfill detailed balance and therefore lead to the same estimates of equilibrium quantities, such as native state stabilities, for the different sequences in S.

III. MODEL AND METHODS

A. Coarse-grained 3-letter model for protein folding

All calculations were carried out using the coarse-grained model for protein folding developed in Ref. 24. In this model, there are 3 different amino acid types: hydrophobic (h), polar (p), and turn-type (t). The backbone chain is represented atomistically by the N, H, C_a, H_{a1}, C', and O atoms. By contrast, the sidechain representation is simplified to a single enlarged C_β atom, which is geometrically identical for h and p types. The sidechain is absent for the t type which instead has an H_{a2} atom. The t type is therefore closely related to glycine. All bond lengths, bond angles, and peptide plane angles (180°) are held fixed. Hence, an *N*-amino acid chain conformation *r* can, for any sequence *s*, therefore be described by the set of 2*N* backbone torsional angles $\{\phi_i, \psi_i\}_{i=1}^N$.

This geometrical description is paired with a simplified but finely tuned energy function with 4 terms: $E = E_{ev} + E_{loc}$ + $E_{\rm hb}$ + $E_{\rm hp}$. The first two, $E_{\rm ev}$ and $E_{\rm loc}$, represent excludedvolume effects and local electrostatic effects, respectively. The hydrogen-bond energy, $E_{\rm hb}$, represents directionally dependent interactions between NH and CO groups and is necessary for secondary structure formation. Finally, the "hydrophobicity" term, E_{hp} , implements pairwise Lennard-Jones-like interactions between the C_{β} atoms of h amino acids which are necessary for driving chain collapse during folding. Various model parameters, e.g., the strengths of hydrophobic attractions and hydrogen bonding, were determined based on the ability of the model to spontaneously fold a set of model sequences with 18-54 amino acids into structurally diverse and thermodynamically stable native states with both β and α structures. As it turned out, this strategy made the model robust enough to fold sequences designed to have mixed α and β structures.

B. Model sequences

Six of the model sequences studied in this work, A1, N1, R1, R2, A2, and TN, are given in Table I. In addition, we study two sequence sets S16₁₀₂₄ and S35₁₀₂₄ with 1024 sequences

TABLE I. List of 6 model sequences of different lengths N studied in this work.

Name	N Seque	
A1	16	pphpphhpphpphpp
N1	16	phphphptphphp
R1	16	pphhphpthpphhpp
R2	16	ppphphhtthhphppp
A2	35	(A1)ttt(A1)
TN	35	(A1)ttt(N1)

each derived from the A1-N1 and A2-TN pairs, respectively, through mutational combinations, as well as the set $S16_{144}$ taken from Ref. 35.

C. Monte Carlo simulation parameters and updates

Both ST and MS simulations are carried out with two types of conformational updates $r \rightarrow r'$: (1) a global pivot move (20%) which randomly picks a ϕ_i angle or ψ_i angle and assigns a new value between $-\pi$ and π and (2) a semi-local move (80%) which turns the ϕ_i and ψ_i angles of 4 consecutive amino acids in a coordinated manner.⁵²

In our MS simulations, sequence updates $s \rightarrow s'$ are carried out in the following way. First, a new sequence s' is picked randomly from the set of pre-selected (allowed) sequences S, such that $s' \neq s$. This new sequence s' therefore differs from s in one or more amino acid positions. Thereafter, the sidechains of the protein, which remains in an unchanged (backbone) conformation r, are re-built according to the new sequence s'. Practically this means that, at the position(s) where the amino acid type has changed, the sidechain is altered according to the type change. For example, if $p \rightarrow t$, the C_β atom is removed and replaced with an H_{α2} atom or if $p \rightarrow h$, the C_β atom remains in place but its character is changed to hydrophobic. Finally, the change in total energy ΔE is calculated and the accept-reject criterion in Eq. (6) is applied. If rejected, the old state (s, r) is restored.

A sequence update is attempted every 1000 MC steps while temperature updates $m \rightarrow m'$ are attempted every 100 steps. The computational cost for sequence updates is somewhat higher than for temperature updates. The latter update does not require any energy calculation and is thus extremely rapid. For the purpose of comparing computational efficiencies of ST and MS, we therefore chose sequence updates to be slightly less frequent than temperature updates while both are fairly frequent. All simulations carried out in this work are summarized in Table II.

D. Observables

Fold stabilities are calculated as in Ref. 36 and described briefly below. First we define two structural similarity measures Q_{IA} and Q_{IB} for folds IA and IB, respectively, indicating the fraction of the fold-specific backbone-backbone hydrogen bonds that have been formed. The fold IA-hydrogen bonds are (2,6), (3,7), (4,8), (5,9), (6,10), (7,11), (8,12), (9,13),

TABLE II. List of simulations carried out in this work.

Runs	Algorithm	$k_{\rm B}T$	MC steps/run ^a	Sequences
32	ST	0.43-0.65	1×10^{7}	A1
32	ST	0.43-0.65	1×10^{7}	N1
32	ST	0.43-0.65	1×10^{7}	R1
32	ST	0.43-0.65	1×10^{7}	R2
32×8^{b}	MS	0.43-0.65	18×10^{7}	S16 ₁₄₄
16	MS	0.43	5×10^9	S161024
16	MS	0.46	4×10^9	S35 ₁₀₂₄

^aExcludes a thermalization step with 10⁷ MC steps/run.

^b32 runs per temperature at 8 different temperatures.

(10,14), and (11,15) and the fold IB-bonds are (3,14), (5,12), (7,10), (10,7), (12,5), and (14,3), where (i,j) indicates a hydrogen bond between the CO group of amino acid i and the NH group of amino acid j. The stabilities of folds IA and IB are defined as the probabilities $P_{IA} = P(Q_{IA} \ge 0.8)$ and $P_{\rm IB} = P(Q_{\rm IB} \ge 0.8)$, respectively, i.e., the probability that at least 80% of the fold's hydrogen bonds are formed. P_{IA} and $P_{\rm IB}$ thus depend on both sequence s and temperature T. For example, $P_{IA} = 0.875 \pm 0.003$ for A1 and $P_{IB} = 0.785 \pm 0.008$ for N1 at $k_{\rm B}T = 0.43$. Structural similarity measures for 35amino acid folds IIA and IIB are defined as $Q_{\text{IIA}} = (Q_{\text{IA}}^{1-16})$ + $Q_{IA}^{20-35} + Q_{tert}$ //3 and $Q_{IIB} = (Q_{IA}^{1-16} + Q_{IB}^{20-35} + Q_{tert})$ //3, respectively, where superscripts on Q_{IA} and Q_{IB} indicate over which amino acid positions those measures are applied to within the longer 35 amino acid sequences and Q_{tert} is a measure that counts the number of C_{β} - C_{β} contacts between the two secondary structure elements of these folds.³⁶ In analogy with P_{IA} and P_{IB} , we define the stabilities of folds IIA and IIB as $P_{\text{IIA}} = P(Q_{\text{IIA}} \ge 0.8)$ and $P_{\text{IIB}} = P(Q_{\text{IIB}} \ge 0.8)$, respectively. The root-mean-square-deviation, RMSD, is calculated over all C_{α} atoms.

IV. RESULTS

A. Computational efficiency

We start by applying the MS algorithm to the set S16₁₄₄ across a range of temperatures *T* (see Table II). Two of the sequences in S16₁₄₄ are A1 and N1 (see Table I) which fold into stable α -helix and β -hairpin structures, respectively, as shown in Fig. 2(b). Because A1 and N1 differ at 10 positions, 10 consecutive point mutations can transform A1 into N1, and vice versa. The binary sequence space between A1 and N1 in which any combination of these mutations has been carried out, therefore, contains $2^{10} = 1024$ sequences. The 144 sequences in S16₁₄₄ were selected from this binary space with the constraints that the total number of hydrophobic amino acids are not too high and that they are not too unevenly distributed along the sequence.³⁵

Figure 2 illustrates a typical MS simulation trajectory carried out at the lowest studied temperature which is below the folding temperature of both A1 and N1.^{35,36} From the MC evolution of the total energy *E*, sequence index *s*, and RMSD values from the representative structures in Fig. 2(b), it is evident that visits to various sequences drive transitions into a range of structural states. In particular, there are frequent visits to α -helix and β -hairpin structures and transitions between them are accompanied by a shift in which sequences are preferably visited. For example, visits to high *s*-indices, including N1 with index 144, tend to coincide with the formation of β hairpin structures as required to generate correct equilibrium conformational ensembles.

One might have suspected that the MS algorithm would be hampered by poor acceptance rates for sequence updates. However, this is not the case in our model. We carry out updates $s \rightarrow s'$ by picking a new random sequence $s' \neq s$ from the set of allowed sequences. The (average) acceptance rate depends on both *T* and the step in sequences space Δh , i.e., the number of amino acid positions changed, as shown in Fig. 3. At the



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FIG. 3. Acceptance rates for $s \rightarrow s'$ updates in MS simulations of the S16₁₄₄ sequence set as a function of (a) the number of changed amino acid positions Δh and (b) temperature *T*. Acceptance rates for 3 different *T*'s are shown in (a).

lowest *T* and highest Δh , acceptance rates are only around 0.1-0.2. However, for most other *T* and Δh , the overall acceptance rates are substantially higher and often above the oft-quoted rule-of-thumb value 0.25^{53} [see Fig. 3(b)]. An increased acceptance rate can easily be achieved by restricting proposed updates such that $\Delta h \leq \Delta h_{\text{max}}$, where Δh_{max} is a maximum step size, which might be necessary for longer chains. For example, $\Delta h_{\text{max}} = 1$ would be equivalent to applying only a "mutational" update, i.e., picking a random (allowed) position and changing the amino acid type at that position.

We now compare the results from our MS calculations with simulated tempering (ST) simulations carried out on 4 of the 144 sequences, namely, A1 and N1 and two random sequences, R1 and R2, chosen at distances h=4 and h=6from A1, respectively (see Table I). While ST provides the thermodynamics of a given sequence across a range of T in a single run, an MS simulation provides the thermodynamics of all 144 sequences at one T. We adjust the simulation lengths for ST and MS runs such that roughly the same number of sampled conformations is obtained for each *s* and *T* combination, thus ensuring that similar computational resources are used for the two algorithms (see Table II). We first validate the MS algorithm by comparing the average total energy, $\langle E \rangle$, calculated for these 4 sequences with the two different methods (see the supplementary material). The two sets of results are entirely consistent showing that, for a given *s* and *T*, the MS and ST algorithms indeed sample the same (Boltzmann) distribution.

As a way to assess conformational sampling efficiency, we compare in Fig. 4 the statistical error, $\sigma_{\langle E \rangle}$, of the average energy $\langle E \rangle$ for the 4 sequences obtained using ST and MS, respectively. Because approximately the same number of sampled conformations were obtained for each combination of *s* and *T*, we compare the statistical errors directly. At the highest studied *T*, which is well above the folding temperature of both A1 and N1, the two algorithms give almost identical statistical errors. This can be understood by noting that at high-*T*, the free-energy landscape is relatively smooth



FIG. 4. Comparing sampling efficiencies of the MS and ST algorithms. Statistical errors $\sigma_{\langle E \rangle}$ of the average total energy $\langle E \rangle$ obtained for the sequences (a) A1, (b) N1, (c) R1, and (d) R2 (see Table I) at different temperatures *T*. Simulation lengths in the two methods are adjusted such that the number of conformations sampled per sequence and temperature is roughly the same (see text).

and conformational space requires little difficulty to sample. The benefit of adding a dynamic parameter, whether *s* or *T*, is apparently minimal under these conditions. However, at lower *T*, the $\sigma_{\langle E \rangle}$ values from MS are often smaller than those from ST and never significantly higher. For example, at the lowest *T*, the precision in the estimate of $\langle E \rangle$ is roughly twice higher in MS than ST for A1 and R1 and roughly the same for N1 and R2.

B. Exploring sequence space: IA/IB and IIA/IIB fold connectivities

We now turn to the full binary sequence sets $S16_{1024}$ and $S35_{1024}$ with 1024 sequences each. By applying the MS method to these two sets (see Table II), we determine the low-*T* thermodynamic behavior of each included sequence. In particular, we calculate the stabilities of folds IA and IB, P_{IA} and P_{IB} , for all sequences in $S16_{1024}$ and the stabilities of folds IIA and IIB, P_{IIA} and P_{IIB} , for all sequences in $S35_{1024}$ (see Sec. III). The relative statistical errors on these quantities vary but are only a few percent at the most, despite the large number of sequences included.

Having calculated these fold stabilities, we are in a position to determine if there are pathways in sequence space that lead to abrupt IA-IB or IIA-IIB fold changes, i.e., paths that do not pass through any unstable intermediate sequence. To this end, we construct graphs in which each stable sequence is represented by a node and any two nodes are connected if their sequences differ at a single amino acid position. To determine if a sequence is stable, we use the criterion $P_{\text{tot}} > P_{\text{cut}}$, where $P_{\text{tot}} = P_{\text{IA}} + P_{\text{IB}}$ and $P_{\text{IIA}} + P_{\text{IIB}}$ for the IA-IB and IIA-IIB fold pairs, respectively; P_{tot} thus indicates the total stability of a sequence across the two competing folds. The precise network depends, of course, on the cutoff value P_{cut} and a higher P_{cut} generally means a selection of more stable pathways.

Figure 5 illustrates the networks obtained with $P_{\text{cut}} = 0.50$ showing that both the IA-IB and IIA-IIB fold pairs are connected in sequence space at this stability threshold. A precise analysis shows that there are 516 972 viable IA-IB paths and

57 912 viable IIA-IIB paths. These paths represent 14.2% and 1.6% of all possible paths, respectively, because there are a total of 10! = 3, 628, 800 possible paths between start and end points in both cases. Hence, folds IA and IB are rather highly connected in our model for $P_{\text{cut}} = 0.50$. For $P_{\text{cut}} = 0.60$, the numbers are 104 640 paths (2.9%) for IA-IB and 22 512 (0.6%) paths for IIA-IIB. We find that there are no possible IA-to-IB or IIA-to-IIB paths when $P_{\text{cut}} \ge 0.74$ and ≥ 0.66 , respectively.

C. Biophysical properties of fold-to-fold mutational pathways

An apparently general characteristic of designed and natural proteins that exhibit mutation-induced fold switching is a reduced stability near the switch point.^{34,37,38,40,43} Our model proteins exhibit a similar trend. Figures 6(a) and 6(b) show the average total stability P_{tot} for sequences found at different Hamming distances *h* from the starting point. Intermediate sequences are less stable than sequences at distances h=0(A1 or A2) and h=10 (N1 or TN), although there are large variations between sequences as indicated by the upper and lower bounds. There is nonetheless a clear statistical trend that sequences become gradually less stable as successive mutations are applied to any of the 4 start and end points until a minimum is reached.

However, the smooth stability trends in Figs. 6(a) and 6(b) belie the real character of the individual mutational pathways which tend to exhibit an abrupt switch between the two folds. To see this and to further examine the character of the fold transitions in our model, we make a distinction between two types of stable sequences: those that fold into a single unique fold, thus behaving as classical proteins, and those that display substantial stabilities of both folds. Such "bistable" sequences are interesting from a biophysical perspective in that they are able to fold into two alternative folds. Indeed, bistable sequences have been proposed to play a role in the evolution of new protein folds.⁵⁵ We consider a sequence to be bistable if B > 0.5, where *B* is a bistability measure (see Fig. 6 legend). In principle, a fold transition can then occur directly between two



FIG. 5. Networks of sequences connecting folds IA and IB (top) and folds IIA and IIB (bottom). Each node represents a stable sequence ($P_{tot} \ge P_{cut}$, where $P_{cut} = 0.50$) that either folds into IA or IIA (light blue) and IB or IIB (dark red) or is classified as bistable (B > 0.5, black). A line between two nodes indicates that the sequences differ at only one position. Graph is created using the tool Graphviz⁵⁴ obtained from www.graphviz.org.



FIG. 6. Stability properties of mutational pathways. The total stability P_{tot} as a function of the distance *h* from A1 averaged over all (a) IA-IB and (b) IIA-IIB mutational paths obtained with $P_{\text{cut}} = 0.50$. Error bars indicate maximum and minimum P_{tot} values. The distribution of switch lengths L_{s} for the (c) IA-IB and (d) IIA-IIB mutational paths ($P_{\text{cut}} = 0.50$). (c) and (d) insets: Average switch length $\langle L_{\text{s}} \rangle$ across all paths as a function of P_{cut} . Scatter plots of P_{tot} versus bistability *B* for all sequences in (e) S16₁₀₂₄ and (f) S35₁₀₂₄, where $B = 1 - \Delta P/P_{\text{tot}}$ and $\Delta P = |P_{\text{IA}} - P_{\text{IB}}|$ or $|P_{\text{IIA}} - P_{\text{IIB}}|$.

classical proteins with unique native folds or it can proceed via one or more intermediate bistable sequences which populate both folds. We define the switch length of a mutational pathway $L_s = 2 + n_B$, where n_B is the number of bistable sequences in between the two classical sequences that define the switch point. Hence, a path with $L_s = 2$ accomplishes a fold switch in a single mutational step without going through a bistable point. From the distributions of L_s in Figs. 6(c) and 6(d), taken over all pathways with $P_{cut} = 0.50$, it can be seen that fold switching along individual pathways are typically completed in only 1-2 mutations and a single step is often sufficient to switch between the IA and IB folds. Hence, fold switching is typically abrupt and, for $P_{cut} = 0.5$, it is fairly common that viable pathways pass through one or two bistable sequences.

Interestingly, switching between folds IA and IB through one or more bistable sequences becomes less and less frequent as selections for more stable pathways are made. This can be seen from the decrease in $\langle L_s \rangle$ as a function of P_{cut} [see Fig. 6(c) (inset)]. For $P_{\text{cut}} \ge 0.70$, there is no longer any remaining path between the α -helix and β -hairpin that pass

through a bistable sequence because $\langle L_s \rangle = 2$. An underlying reason for the occurrence of sharper fold switches for more stable mutational pathways is apparent from a comparison between P_{tot} and B across all sequences in S16₁₀₂₄. As shown in Fig. 6(e), sequences with the highest P_{tot} tend to exhibit very little bistability. Hence, highly stable paths are therefore forced to go through abrupt switch points where they transition directly between folds in a single step. The situation for the IIA-IIB fold pair is more complicated. We find that, just as for S16₁₀₂₄, sequences in S35₁₀₂₄ follow the trend that the highest P_{tot} values occur for only classical, low-B proteins. One might therefore expect that selection of more stable IIA-IIB paths would decrease $\langle L_s \rangle$; however, this is not the case as such abrupt switch points between the IIA and IIB are not available for $P_{\text{cut}} \ge 0.50$ (cf. Fig. 5, bottom). As a result, bistable sequences do play a crucial role in bridging the IIA and IIB folds, although passing though these sequences leads to additional reduction in stability at the switch point.

V. DISCUSSION

We have evaluated a biomolecular simulation algorithm that works by making the biological sequence a dynamic parameter. As a test, we applied it on a CG model for protein folding. The results indicate that there are two main benefits of this approach. First, it provides a convenient way to sample the canonical distributions of large numbers of sequences in a single run and, second, it enhances the sampling of conformational space meaning it can be applied directly to low temperatures. The conformational sampling efficiency can be assessed from the comparison with ST. Although there is no single "fair" way to compare the two methods, we chose as a measure of efficiency the statistical error of the total energy, $\sigma_{\langle E \rangle}$, obtained with roughly the same computational cost per temperature and sequence. At the highest studied temperatures, we find that the statistical errors $\sigma_{\langle E \rangle}$ are basically the same. This finding is not unexpected because conformational sampling of short polymers at high T does not involve crossing any major energy barriers. As a result, successively sampled conformations for a given combination of sequence s and temperature T are likely uncorrelated in both methods which leads to similar $\sigma_{\langle E \rangle}$ values.

At lower temperatures, we find that the MS simulations often yield significantly smaller $\sigma_{\langle E \rangle}$ than ST simulations. It is notable that this acceleration in conformational sampling visá-vis ST is achieved despite that simulations are carried out at constant T. Therefore, rather than promoting escape from local minima by visits to higher T, as in $ST^{45,46}$ or temperature replica-exchange,⁴⁹ MS simulations must escape the minima occurring for one sequence through visits to other sequences. How this process works can be envisioned by considering an MS simulation that is visiting a sequence s and is trapped in a local minimum, requiring that a high free-energy barrier is overcome for escape. The trapped state could be, e.g., a compact β -sheet rich state with a particular register. Eventually, sequence updates will carry the simulation to other sequences \hat{s} while it conformationally still remains in the trapped state. However, the free energy barrier of escape might be substantially lower for \hat{s} than for s or the barrier may even be altogether absent if the trapped state is unstable for \hat{s} , leading to rapid escape from the minimum. The above reasoning also implies that the performance of the MS algorithm likely depends on the size of the sequence set S as well as the conformational properties of the sequences. Specifically, the performance of MS simulations of proteins at low *T* may benefit from the inclusion of at least a few sequences with poor stability properties, such that partial unfolding of the chain is regularly triggered thus promoting transitions to new conformational states.

Individual protein sequences that exhibit spontaneous transitions between widely different competing conformational states, such as fold switching proteins, are especially challenging to molecular simulation methods. Representative sampling in such cases requires multiple transitions between highly different states, which can be a slow process. This problem has been addressed by using Hamiltonian replica-exchange techniques to couple Gō-like terms, i.e., energy terms with an artificial bias towards a given structure, with a physical force field. $^{56-58}$ This way exchange moves "feed" diverse conformations into the replica corresponding to the physical force field and enhance sampling.⁵⁸ We did not specifically study sampling efficiency for sequences exhibiting competing states, such as bistable sequences. It appears likely, however, that a very similar type of "feeding" of conformations would take place in MS simulations although coupling occurs instead with other sequences rather than with Gō-type terms.

We emphasize that the MS method should not be seen as a general technique to speed up conformational sampling. However, our results indicate that for CG models that permit sequence updates to be carried out as a simple Metropolis step and when visits to higher T are unwanted (or unnecessary), our method can be a highly efficient way to sample the equilibrium behavior of many sequences. This opens up for various applications, such as exploring sequence effects on the conformational properties of disordered⁵⁹ or denatured⁶⁰ proteins or as a tool in efforts to combine population genetics and molecular simulations.⁶¹ While applied to proteins in this work, we note that the theoretical framework of the MS algorithm is equally valid for other bio-macromolecules, including DNA and RNA. The ability to promote conformational sampling without resorting to an increase in T may make the method useful in simulations of biomolecules in ordered phases, such as lipid bilayers or double-stranded DNA, where escape from local minima can be especially challenging^{62,63} and elevated T is typically avoided in simulations because it may lead to unwanted perturbations or unraveling of the basic underlying structure.

VI. CONCLUSION

We have evaluated an algorithm for biomolecular simulations which allows the thermodynamics of multiple sequences to be calculated in a single run. We applied the algorithm to protein folding and showed that the thermodynamic behavior of >1000 amino acid sequences with up to 35 amino acids could be determined in an intermediate-resolution CG model. The method performs a random walk in sequence space which is especially useful at low temperature as it promotes escape from local minima present in the free energy landscapes of individual sequences. The method might be suitable for CG simulations of various other biomolecular systems, such as peptides in phospholipid bilayers, where sampling at elevated temperatures is not desirable.

SUPPLEMENTARY MATERIAL

See supplementary material for the validation of the MS algorithm.

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